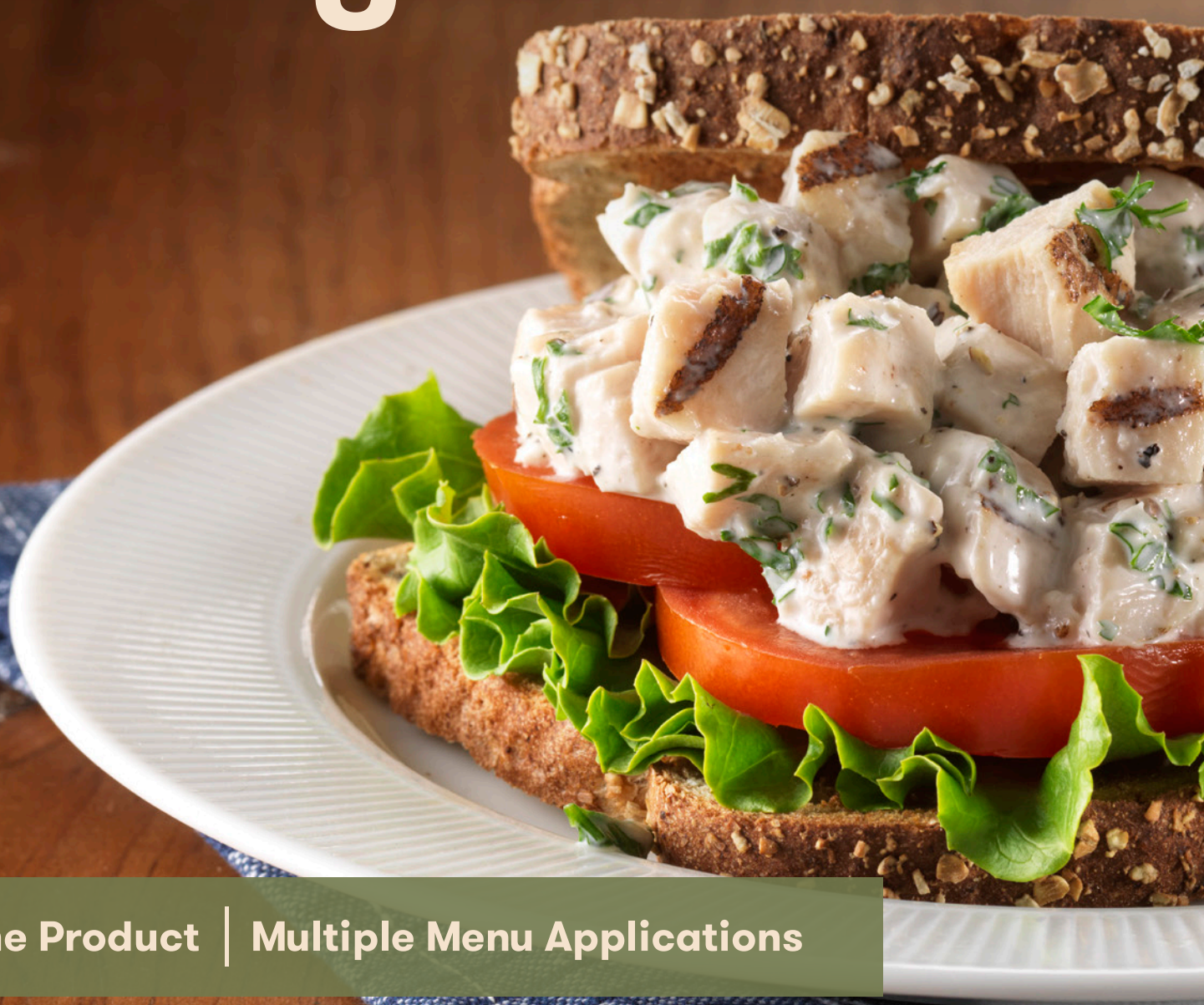


Serving Up

food 5 ways



One Product | Multiple Menu Applications

Sysco Codes Included

Serving Up
food 5 ways

Diced Chicken

GFS code coming soon!
 43848 (ML code)

Fully cooked pieces
 of 1/2" diced whole
 muscle chicken breast

✓ Canadian Farm Raised ✓ Gluten-free

✓ Attractive grill marks

13g protein & 115mg sodium
 per 60g serving



One Product | Multiple Menu Applications



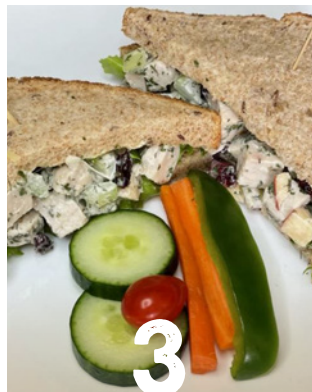
1

Open-Faced
 Tea Biscuit
 Chicken Pie



2

Chicken
 Tortilla Soup



3

Cran-Apple
 Chicken Salad
 on Multigrain



4

Easy Cashew
 Chicken



5

Creamy
 Chicken Alfredo
 Bake



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Serving Up
food 5 ways

Broiled Meatballs

GFS Code: 1087970

Fully cooked 100% beef
10g meatballs

Tender texture No soy added

Economical

11g protein & 336mg sodium
per 60g portion (6 meatballs)

One Product | Multiple Menu Applications



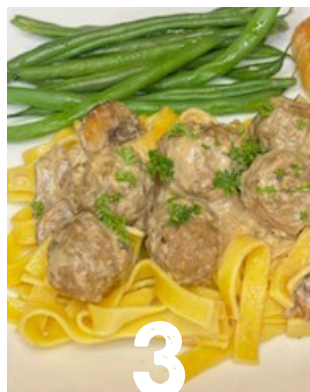
1

**Sloppy Joe
Meatball Bake**



2

**Tangy Orange
Glazed
Meatballs**



3

**Creamy Meatball
Stroganoff**



4

**French Onion
Meatballs on
a Bun**



5

**Sweet & Sour
Meatball
Casserole**



Serving Up
food 5 ways

Plant-based Italian Crumble

GFS Code: 1363865

Fully cooked "sausage" crumble seasoned with fennel, garlic & eggplant

- Vegan
- Packed with protein
- Extremely versatile

17g protein & 360mg sodium
per 60g serving

One Product | Multiple Menu Applications



1

Rustic Vegan Italian Chili



2

Crustless Vegetarian Sausage & Spinach Quiche



3

Vegan Bolognese Sauce



4

Vegan Italian Sausage & White Bean Soup



5

Vegetarian Pizza Casserole



Serving Up
food 5 ways

Pork Drummies

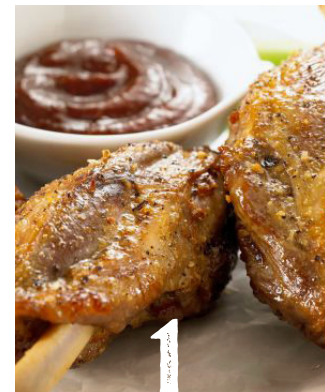
GFS Code: 1391566

Fully cooked, seasoned bone-in pork shanks

- ✓ Unique pork menu option
- ✓ Fall-off-the-bone tender
- ✓ Natural ingredients

28g protein & 594mg sodium
per 142g drummie

One Product | Multiple Menu Applications



1

Shanghai Pork Drummies



2

Maui Grilled Pineapple Pork Drummies



3

Braised Moroccan Pork Drummies



4

Zesty Orange Pork Drummies



5

Hearty Apple Braised Pork Drummies



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Serving Up
food 5 ways

Breaded Veal Cutlette

GFS Code: 1250640

Breaded veal cutlette in
a 113g portion (par-fried)

- ✓ Tender texture
- ✓ Light breading
- ✓ Minimal ingredients

16g protein & 255mg sodium
per 113g cutlette



One Product | Multiple Menu Applications



1

**Breaded Veal
with Sweet Apple
Pepper Sauce**



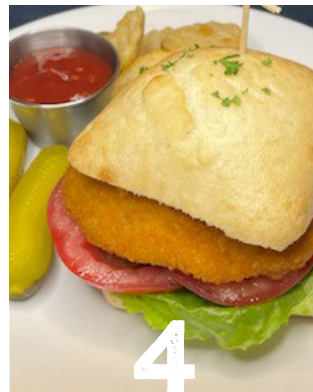
2

**Veal
Milano**



3

**Pesto Veal Cutlette
with Provolone &
Roasted Peppers**



4

**VLT
Bunwich**



5

**Veal Schnitzel
with Balsamic
Tomato Sauce**



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Serving Up
food 5 ways

IQF Chicken Thighs

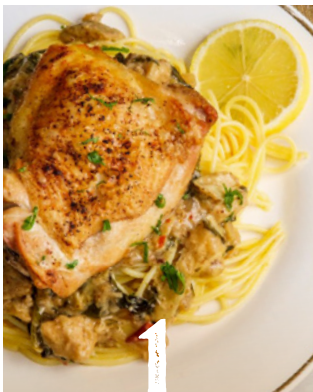
GFS Code: 1330990

Premium Canadian Farm Raised bone-in chicken thighs (raw)

- ✓ Just chicken - nothing added
- ✓ Naturally gluten-free
- ✓ Consistent sizing

21g protein & 102mg sodium
per 172g thigh

One Product | Multiple Menu Applications



1

Baked Lemon Chicken with Spinach



2

Ginger Beer Chicken Thighs



3

Cheesy Chicken & Broccoli Casserole



4

Santa Fe Chicken Thighs



5

Sweet Apricot Chicken Thighs



Serving Up
food 5 ways

Oktoberfest Sausage

GFS Code: 1057489

Fully cooked dinner sausage with authentic seasoning

✓ Skinless ✓ Delicious flavour

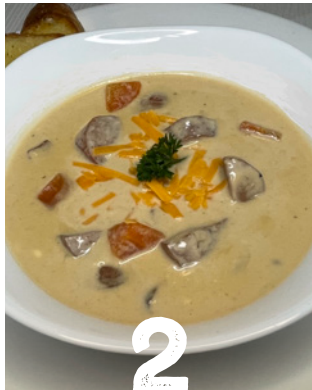
✓ Ideal 114g portion size

15g protein & 907mg sodium
per 114g sausage

One Product | Multiple Menu Applications



Zesty German Sausage & Sauerkraut on a Bun



Sausage, Beer & Cheddar Soup



Fall Vegetable & Sausage Toss



Sausage & Chicken Jambalaya with Rice



Sausage, Egg & Hashbrown Casserole



Serving Up
food 5 ways

Shaved Steak

GFS Code: 1273539

Fully cooked,
Canadian Farm Raised
steak in a shaved format

- ✓ Tender texture
- ✓ Uniform thickness
- ✓ Perfectly seasoned

13g protein & 344mg sodium
per 60g portion

One Product | Multiple Menu Applications



1

Shaved
Steak & Root
Vegetable Stew



2

Pepper
Steak Stir Fry



3

Steak Lo Mein
with Broccoli
& Carrots



4

Italian Style
Shaved Steak
Sandwich



5

Philly Cheese
Steak Pizza



Serving Up
food 5 ways

Toupie Ham

GFS Code: 1107333

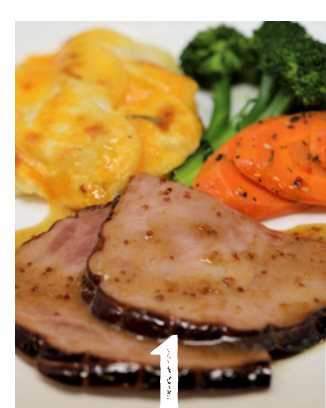
Canadian Farm Raised
smoked toupie ham

- ✓ Delicious smoked flavour
- ✓ Suitable for any daypart
- ✓ Best value ham

13g protein & 797mg sodium
per 90g portion



One Product | Multiple Menu Applications



1

Maple & Mustard
Glazed Ham



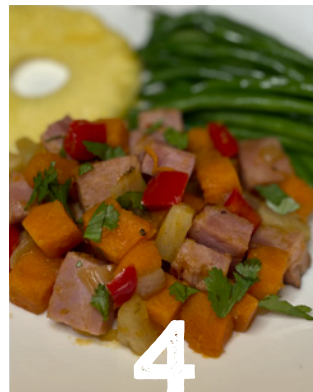
2

Buttermilk
Biscuit Ham
Pot Pie



3

Harvest Ham
with Apples &
Spiced Pears



4

Hawaiian Ham
& Hash



5

Ham, Apple
& Cheddar
Monte Cristo



Serving Up
food 5 ways

Diced Turkey

GFS Code: 1269925

Fully cooked 1/2" diced pieces of whole muscle turkey breast

- Canadian Farm Raised
- Gluten-free
- Attractive grill marks

13g protein & 190mg sodium
per 60g portion



One Product | Multiple Menu Applications



1

Turkey Mandarin Salad



2

Turkey Shepherd's Pie



3

Turkey Tetrazzini Soup



4

Roasted Turkey & Stuffing Casserole



5

Creamed Turkey with Mushrooms & Peas



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Serving Up
food 5 ways

BBQ Pork Ribette

GFS Code: 7781605

Fully cooked
boneless rib patty

- ✓ No sauce or gravy required
- ✓ Fork-tender texture
- ✓ Perfect on a bun or as centre-of-plate

13g protein & 442mg sodium
per 85g ribette

One Product | Multiple Menu Applications



1

**Celery Slaw
Pork Rib
Burger**



2

**Ginger Soy
Pork Rib**



3

**Pork Rib with
Apples &
Red Cabbage**



4

**Cheesy BBQ
Pork Rib & Grilled
Onion Sandwich**



5

**Portuguese
Pork Ribette**



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Serving Up
food 5 ways

Pulled Chicken

GFS Code: 1325355

Fully cooked, slow roasted Canadian Farm Raised chicken in a pulled format

Natural ingredients Gluten-free

No sauce added - versatile

14g protein & 215mg sodium
per 60g serving



One Product | Multiple Menu Applications



1

**Deconstructed
Cobb Salad**



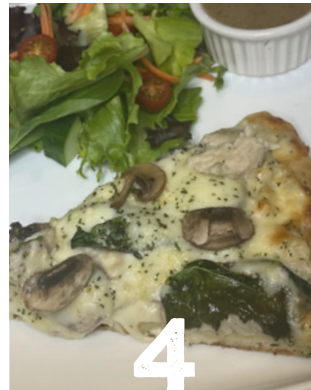
2

**Pulled Chicken
& Sweet Corn
Chowder**



3

**Papaya Lime
Shredded
Chicken Slaw**



4

**Pulled Chicken
Alfredo &
Mushroom Pizza**



5

**Creamy
Chicken
Spaghetti Bake**





Serving Up
inspiration 

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