

INTRODUCTION

IDDSI Foods Level of Classification

	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
PREPARATION METHOD	Product was prepared according to package directions and may be cut by knife. IDDSI testing was conducted once the product reached >165°F (74°C) at the time of service.	Product was prepared according to package directions and may be cut by knife to reach particle size of 15 mm x 15 mm for adults. IDDSI testing was conducted once the product reached >165°F (74°C) at the time of service.	Product was prepared according to package directions, diced, and processed in a Blixer 4V. The minced & moist may have been prepared with added liquid and xanthan gum thickener as specified below. IDDSI testing was conducted once the product reached >165°F (74°C) at the time of service.	Product was prepared according to package directions, diced, and processed in a Blixer 4V. The pureed may have been prepared with added liquid and xanthan gum thickener as specified below. IDDSI testing was conducted once the product reached >165°F (74°C) at the time of service.
PARTICLE SIZE	No restriction	Product tested intended to mimic a 'bite of food'-must be equal or less than for: Adults: 15 mm x 15 mm	Product intended to mimic a 'chewed bolus' – must be equal to or less than for: Adults: 4 mm width & no longer than 15 mm in length	No lumps (like pudding).
IDDSI TESTS USED AT "SIMULATED TIME OF SERVICE"	Fork/Spoon Separation Test + Fork/Spoon Pressure Test	Appearance + Fork/Spoon Pressure Test	Appearance + Fork Pressure Test + Spoon Tilt Test	Appearance + Fork Drip Test + Spoon Tilt Test + Fork Pressure Test

CHICKEN - FULLY COOKED

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Diced Chicken Breast (ML #43848)			 *add liquid to moisten & thickener to bind	 *add liquid to moisten
*Pulled Chicken (ML #26995)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
*Chicken Breast Strips (ML #64352)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
*Boneless Chicken Bites (Chicken Dippers) (ML #64004)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
*Healthy Selections Grilled Chicken Thigh (ML #21355)		 *must dice into 15 mm x 15 mm pieces		 *add liquid to moisten
*Breaded Chicken Breast Cutlet (ML #13238)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
Halal Chicken Shawarma Strips (ML #15154)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten & thickener to bind	 *add liquid to moisten
Mina Halal Chicken Breast Strips (ML #64375)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten

CHICKEN - COOK & SERVE

Products	IDDSI Foods Level of Classification			
	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
*Chicken & Leek Pie (ML #43002)		 *must dice into 15 mm x 15 mm pieces		 *add liquid to moisten
Chicken Pot Pie (ML #81035)		 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
*Tempura Battered Chicken Balls (ML #41122)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
Breaded Chicken Burger (ML #64224)		 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Breaded Chicken Breast Cutlet (ML # 13238)		 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Chicken Fingers Tender Lovin Chicken (TLC) (ML # 64270)		 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Chicken Stuffed Breast – Cordon Bleu (ML # 42520)		 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Chicken Stuffed Breast – Kiev (ML # 42521)	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Chicken Stuffed Breast – Broccoli & Cheese (ML # 42503)		 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Chicken Breast Chunk Meat (ML # 57004)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Boneless, Skinless Chicken Thigh (Bulk) (ML # 55344)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
IQF Chicken Leg-Back Attached (ML #26301) IQF Chicken Leg-No Back Attached (ML # 26352) IQF Bone-In Chicken Thighs (ML # 26336) Chicken Drumsticks (ML # 26336)	 * remove skin, cut meat off bone	 *remove skin, cut meat off bone and dice into 15 mm x 15 mm pieces	 *remove skin, cut meat off bone, dice into 15 mm x 15 mm pieces. Mechanically alter and add liquid to moisten.	 *remove skin, cut meat off bone, dice into 15 mm x 15 mm pieces. Mechanically alter and add liquid to moisten.

TURKEY - FULLY COOKED

Products	IDDSI Foods Level of Classification			
	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Turkey Burger (ML #55692)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Grilled ½" Diced Turkey Breast (ML #64364)		 *must dice into 15 mm x 15 mm pieces		 *add liquid to moisten
Turkey Breast Strips (ML #64358)		 *must dice into 15 mm x 15 mm pieces		 *add liquid to moisten
Turkey Dinner Sausage (Skinless) (ML #25191)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat with added liquid & thickener.	 *did not meet IDDSI criteria
Healthy Selections Sliced Roast Turkey (ML #21363)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten

TURKEY - COOK & SERVE

Products	IDDSI Foods Level of Classification			
	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Turkey Pot Pie (ML #44129)		 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria

PORK - FULLY COOKED

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Pulled Pork (ML #26980)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Country Sausage (Skinless) (ML #64003)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat with added liquid & thickener.	 *did not meet IDDSI criteria
Pre-Cooked Sausage Rounds (ML #23108)		 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Oktoberfest Smoked Dinner Sausage (Skinless) (ML #24563)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat with added liquid & thickener.	 *did not meet IDDSI criteria
Italian Sausage (Skinless) (ML #63185)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat with added liquid & thickener.	 *did not meet IDDSI criteria
Debrazzini Sausage (Skinless) (ML #38954)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat with added liquid & thickener.	 *did not meet IDDSI criteria
Ready Links Breakfast Sausage (Skinless) (ML #64000)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
Healthy Selections Sliced Roast Pork (ML #21354)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Healthy Selections Pork Loin Chop (ML # 21364)	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *add liquid to moisten	 *add liquid to moisten
BBQ Pork Rib Patty / Superrib (ML #72230)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten

PORK - FULLY COOKED (CONT.)

Products	IDDSI Foods Level of Classification			
	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Toupie Ham (ML #52672)		 *must dice into 15 mm x 15 mm pieces		 *remove outer skin of ham & add liquid to moisten
Country Kitchen Deli Smoked Ham (ML #21669)		 *must dice into 15 mm x 15 mm pieces		 *did not meet IDDSI criteria
Easy Carve Bone-In Smoked Ham (ML #64696)	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Slow Cooked Pork Drummies (ML #30298)	 *cut meat off bone	 *cut meat off bone and dice into 15 mm x 15 mm pieces	 *cut meat off bone, dice into 15 mm x 15 mm pieces. Mechanically alter and add liquid to moisten.	 *did not meet IDDSI criteria

PORK - COOK & SERVE

Products	IDDSI Foods Level of Classification			
	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Breaded Pork Cutlet (ML #45751)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Italian Sausage (ML #15235)	 *thaw, trim casing	 *thaw, trim casing and dice into 15 mm x 15 mm pieces	 *thaw, leave casing on, mechanically alter meat	 *did not meet IDDSI criteria
Tourtiere Pie (ML #20126)		 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria

BEEF - FULLY COOKED

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Pulled Beef (ML #26985)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
BBQ Beef Ribette (ML #41434)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Healthy Selections Sliced Roast Beef (ML #28639)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
JMS Beef Burger 3oz (ML #41522)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
Healthy Selections 3oz Beef Burger (ML #41518)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten

BEEF - COOK & SERVE

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Thick Carved Beef Pot Roast in Gravy (ML #33550)	 *drain gravy	 *drain gravy and dice into 15 mm x 15 mm pieces	 *add gravy to moisten	 *add liquid to moisten
Shaved Steak (ML #33548)	 *drain liquid	 *drain liquid and must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
Broiled Meatballs (ML #40118)	 	 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Healthy Selections Meatloaf(ML #21375)	 	 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Beef Pot Pie (ML #81019)	 	 *must dice into 15 mm x 15 mm pieces	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Steak & Mushroom Pot Pie (ML #40004)	 	 *must dice into 15 mm x 15 mm pieces	 *dice, mince in blitzzer & add liquid to moisten	 *did not meet IDDSI criteria

PLANT-BASED - FULLY COOKED

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Lightlife Tempeh (ML #00237)	 *drain gravy	 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *did not meet IDDSI criteria
LightLife Grounds (#209)	 *heat in a covered pan to maintain moisture.	 *heat in a covered pan to maintain moisture.	 *heat in a covered pan to maintain moisture.	 *did not meet IDDSI criteria
Field Roast Italian Crumble (ML #31435)	 *heat in a covered pan to maintain moisture.	 *heat in a covered pan to maintain moisture.	 *heat in a covered pan to maintain moisture.	 *did not meet IDDSI criteria
Field Roast Breakfast Patty (ML #00222)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid and thickener to moisten/bind

VEAL - COOK AND SERVE

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Breaded Veal Cutlet (ML #44422)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten
Diamond B Breaded Veal Cutlet (ML #44477)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid to moisten

WIENERS

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Shopsy's Jumbo 7"/5lb All Beef (ML #71536)	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Schneiders Roller Grill 5/12 lb	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria
Schneider Natural Roller Grill 7"/5 lb (ML # 13605) Schneider Natural Roller Grill 7"/8 lb (ML # 13612)	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria	 *did not meet IDDSI criteria

DELI

IDDSI Foods Level of Classification

Products	EASY TO CHEW 	SOFT & BITE-SIZED 	MINCED & MOIST 	PUREED 
Sure Slice Roast Beef (ML # 21333)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid and thickener to moisten/bind
Sure Slice Turkey Breast (ML # 21334)		 *must dice into 15 mm x 15 mm pieces	 *add liquid to moisten	 *add liquid and thickener to moisten/bind
Sure Slice Corned Beef (ML # 21444)		 *must dice into 15 mm x 15 mm pieces	 *add liquid and thickener to moisten/bind	 *add liquid and thickener to moisten/bind
Sure Slice Black Forest Ham (ML # 21440)		 *must dice into 15 mm x 15 mm pieces	 *add liquid and thickener to moisten/bind	 *add liquid and thickener to moisten/bind